

Executive Coaching Profile.

Penny Munro.

Senior Mental Health Clinician.



“My focus is to build a trusting and collaborative partnership. Together, we delve deep into understanding values, motivations, limitations, strengths, areas for growth, and the unique qualities and skills that define you as a leader. Curiosity and courage are keys to growth and insight.”

About.

I am a seasoned professional with a rich background in executive coaching, serving as a Senior Mental Health Clinician at Human Psychology and a key member of the Future Thinc Team. My extensive career spans leadership roles as a CEO in Not-for-Profit organisations across three Australian states, as well as influential positions within large Government Departments at both senior and executive management levels. My career has been characterised by a focus on strategic development, driving significant organisational change, and nurturing the growth of senior managers and management teams.

Experience.

My expertise lies in empowering leaders to gain profound insights into their own leadership identities and unlock their full potential. I work closely with leaders and managers who seek innovative and sustainable solutions to complex challenges, with a dedication to elevating their leadership and strategic thinking skills.

Expertise.

With a strong background in senior leadership, I specialise in navigating intricate organisational changes and devising groundbreaking solutions for complex agency matters. I bring a wealth of experience in managing large teams and adapting to evolving clinical environments. My academic achievements include a Masters in Social Administration, successful completion of the AICD Company Directors Diploma, and a 12-month Governor’s Leadership Foundation Course. I seamlessly blend my professional knowledge with robust academic and experiential leadership training.

Principles.

My coaching approach revolves around building a trust-based and collaborative partnership. Together, we delve deep into understanding values, motivations, limitations, strengths, areas for growth, and the unique qualities and skills that define you as a leader. I encourage curiosity and courage while providing invaluable feedback and drawing upon a wealth of experience.

Outcomes.

Clients can anticipate forging a quality and profound coaching relationship that nurtures psychological resilience and overall well-being. I empower leaders to pose more profound questions and explore multiple avenues, all while offering unwavering emotional support to embolden them in their endeavours. With my guidance, leaders can cultivate a diverse set of strategic skills, multidimensional analytical abilities, and a capacity to navigate and respond to intricate and ever-evolving leadership challenges.