

# Executive Coaching Profile.

# Andrew Badenoch.

Senior Mental Health Clinician.

*"I ask a lot of questions and let the person produce the answers. Unlocking a person's potential maximizes their own performance. It helps them to learn rather than teaching them".*



## About.

I have worked as a counsellor/ mental health clinician with Human Psychology/Future Thinc and another EAP provider for 6 years. I have experience in clinical psychiatric research and have worked with Aboriginal health primary care workers, veterans and first responders with Post Traumatic Stress Disorder.

I have provided support to organisations where there have been; workplace traumas, organisational restructures/redundancies, wellbeing training requirements, and a need to support managers dealing with performance and difficult staff. Furthermore, I have provided support with strategic thinking and planning, to assist organisational leadership, and promote and build high-performing teams, under pressure and often dealing with change.

## Experience.

My career has shown a commitment to help change people's lives by reframing old processes and thinking to create a new vision and tools to live their lives with greater purpose.

## Expertise.

- Ten years in senior lecturer and program manager roles in TAFE SA, Community Services.
- Lecturer, Post Graduate Diploma in the Psychology of Adult Education, Uni of South Australia.
- Principal Consultant in Enterprise Development - Business SA.
- Management Coach—Professional and Continuing Education Centre—University of Adelaide.
- Twenty years as Managing Director of a Registered Training Organisation.

## Approach.

- Is based on a clear understanding and assessment of your unique needs and circumstances.
- A collaborative and well-planned process and the establishment of goals that aim to meet these needs and current and future leadership situations.
- The provision of creative, honest observations and feedback, with a commitment to focus on your best interests.

## Outcomes.

- A well-planned coaching program with scope for flexibility and humour.
- Confidentiality and respect and high personal commitment and engagement with all clients.
- Applied learning from real challenges either work/personal.
- Practical and realistic skills, strategies to be successful and resilient in a leadership position.